



FRUIT AND VEGETABLES OF SPAIN, EVERY DAY

From the countryside, for you


Discover their great quality, freshness and taste



FEADER



alimentación.es



In Spain we have
a broad variety of top quality and completely
safe fruit and vegetables with a host of properties
and delicious aromas and tastes.

WHAT FRUIT AND VEGETABLES ARE AT THEIR BEST AT THE MOMENT?

- garlic
- courgette
- pumpkin
- onion
- green bean
- lettuce
- turnip
- cucumber
- radish
- aubergine
- carrot
- avocado
- apricot
- early fig
- cherry
- plum
- raspberry
- fig
- peach
- melon
- nectarine
- paraguayo
- tomato
- banana
- watermelon

HOW TO ENJOY THEM

Fruit and vegetables can be eaten in thousands of ways such as refreshing juices, preserves, jams, fruit salads, salads, soups, creams, purées, kebabs, omelettes, sauces, ratatouilles, etc. and in as many ways as you can think of.

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